

APRIL 2024 MENU



Information regarding our fully organic menu

Our organic dishes are free of flavour enhancers, aromas, stabilisers and sweeteners. The officially protected organic label helps to identify organically cultivated foodstuffs. The organic label creates consistency, clarity and provides guidance; if it says “organic” on the label, you can be sure that it really is organic.



Our special meals offer

Due to our many years of experience and consistent ongoing training, we prepare special meals for our customers according to their personal needs and requirements. These special meals are available for all types of allergies, intolerances, metabolic conditions and for customers from different cultural backgrounds, who don't eat pork or beef, for example.

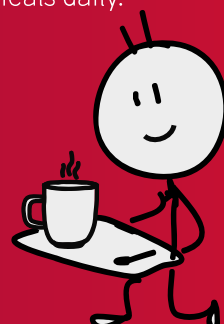
In order to safely create wholesome anti-allergy meals, we require a medical certificate.

We supply our special meals with individual delivery notes in food compartment trays with name labels.

Our special meals department creates a menu plan that is specifically tailored to the customer; they can choose from either a monthly or a weekly menu plan as required.

Using our special food, our dietician assistants prepare fresh and wholesome meals daily.

-  vegetarian dish
-  contains pig
-  contains beef
-  contains poultry
-  contains fish, practically boneless
-  contains vension
-  contains lamb



Allergen information

We would like to point out that during the complex flow of goods in food production (harvesting, transport, storage, production, packaging...) the possibility of cross-contamination and product transfer cannot generally be ruled out. It is therefore not possible for us to guarantee the complete absence of possible allergens in the regular food supply. If you are dependent on allergen-free food, we would be happy to refer you to our special food offer.

The product may contain the following allergens:

- | | |
|---|---|
| <ul style="list-style-type: none"> I grains containing gluten or hybrids created using them and products thereof Ia wheat Ib rye Ic barley Id oats Ie spelt If kamut II crustaceans and products thereof III eggs and products thereof IV fish and products thereof | <ul style="list-style-type: none"> V peanuts and products thereof VI soya beans and products thereof VII milk and products thereof (includes lactose) VIII nuts and products thereof VIIIa almonds VIIIb hazelnuts VIIIc walnuts VIIId cashew nuts VIIIe pecans VIIIf Brazil nuts VIIIh macadamia or Queensland nuts VIIIj pine nuts VIIIz pistachios IX celery and products thereof X mustard and products thereof XI sesame seeds and products thereof XII sulphur dioxide and sulphites in a concentration of more than 10 mg/kg or 10 mg/l XIII lupin and products thereof XIV molluscs and products thereof |
|---|---|

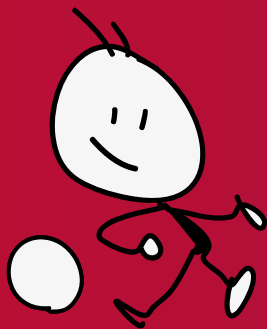
Information on the use of additives

We do not use any additives that require labeling. Foods that already contain additives from the manufacturer (supplier), such as: B. Nitrite curing salt in ham products or Kassler, are clearly shown directly on the corresponding product in accordance with the additive's regulation.

Additive labels:

- | | |
|----------------------------------|-------------------------------|
| 1) contains preservatives | 8) contains nitrates |
| 2) contains colouring agents | 9) contains sweeteners |
| 3) contains antioxidants | 10) blackened |
| 4) contains nitrate curing salts | 11) waxed |
| 5) contains phosphates | 12) contains alcohol |
| 6) contains flavour enhancers | 13) contains phenylalanine |
| 7) contains sulphates | 14) contains liquid seasoning |

** caught in the wild
No genetically modified foodstuffs are used.



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customer number

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ORDER FORM FOR APRIL 2024

full name

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institution

class

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	calendar week 14					15					16					17					18	
	M	Tue	W	Th	F	M	Tue	W	Th	F	M	Tue	W	Th	F	M	Tue	W	Th	F	M	Tue
DGE menu	01	02	03	04	05	08	09	10	11	12	15	16	17	18	19	22	23	24	25	26	29	30
pasta menu																						
kids menu																						
organic menu																						
cold menu																						
salad platter																						

28.03. – 05.04.24 Holidays in Saxony

Order possible at:

ONLINE: www.gfb-catering.com, APP: GfB-Catering, HAND IN THIS NOTE: at the food counter

Information for schools with salad bars:

The raw food salads, fruit and drinks on the menu for the DGE meals, pasta meals and kids meals do not apply. Instead, these schools provide fresh food from their salad bars every day (exception: organic meal).

	DGE*MENU <small>*Deutsche Ges. für Ernährung e.V. (German Nutrition Society)</small>	PASTA MENU	KIDS MENU	ORGANIC MENU FROM 100% ORGANIC INGREDIENTS	COLD MENU	SALAD PLATTER
MON 01/04/24	Easter Monday					
TUE 02/04/24	 Mercimek Çorbası soup made from red lentils, with carrots, garlic and lemon, with bread, colorful eggs  Ia, Ib, VII	Butterfly noodles with colorful vegetables and salmon cubes in herb sauce, colorful eggs  Ia, IV, VII, IX	Rice pudding with hot cherries ⁽³⁾ , colorful eggs  VII			
WED 03/04/24	Gnocchi with spinach cream cheese sauce, berry curd  Ia, III, VII	Tortellini carne (meat filling) with tomato sauce, berry curd  Ia, VII	Duck leg with red cabbage ⁽²⁾ and potatoes, berry curd  Ia, VII			
THURS 04/04/24	Cooking dumplings in herb sauce, with colorful carrots and potatoes, tomato salad  Ia, III, VII	Penne with spinach and ricotta sauce, tomato salad  Ia, VII	Rice pan with vegetables and mushrooms, with herb sauce, tomato salad  Ia, VII			
FRI 05/04/24	Marinated herring ^(3,9) in yogurt sauce, with boiled potatoes, fruit  Ia, III, IV, VII	Fork spaghetti bolognese with poultry, fruit  Ia, IX	Marbled yeast dumplings with vanilla sauce, fruit  Ia, VI, VII, VIII			
MON 08/04/24	Vegetable cream soup with carrots, celery, leek and potato cubes, with wholemeal bread, fruit  Ia, VII, IX	Noodles with green pesto sauce (basil, rocket, parmesan), fruit  Ia, VII, VIII	Chicken breast strips in cream sauce, with brussels sprouts and potatoes, fruit  Ia, VII, X	Colorful vegetable curry with turmeric, pineapple and coconut milk, served with rice  Ia, VII	Colorful rice salad with corn, peas, a chicken meatball, fruit  Ia, III, VII	Baked potato pockets with mixed leaf salad and quark dip, plus fruit  Ia, VII
TUE 09/04/24	Asian pan (peppers, soy, green beans and carrot strips) with sweet and sour sauce with rice, tomato salad with feta  Ia, VI, VII, IX	Noodlestew with soup vegetables, smoked meat ^(1,3,4) and bread, tomato salad with feta  Ia, Ib, VII, IX	Scrambled eggs with creamed spinach and potatoes, fruit  Ia, VII	Beef goulash with beans and potatoes, tangerine  Ia	Colorful rice salad with corn, peas, a chicken meatball, pastries  Ia, III, VII	Baked potato pockets with mixed leaf salad and quark dip, plus pastries  Ia, VII
WED 10/04/24	Pollock cubes in mustard dill sauce, with whole grain vegetable rice with peas and carrots, berry yogurt  Ia, IV, VII	Spirelli with sausage goulash ^(1,3,5) , berry yogurt  Ia, VII	Vegetable patty with herb-lemon sauce, herb potatoes and colorful carrots  Ia, III, VII	Tomato soup with rice, with bread, fruit  Ia, Ib	Colorful rice salad with corn, peas, a chicken meatball, berry yogurt with cinnamon  Ia, III, VII	Baked potato pockets with mixed leaf salad and quark dip, berry yogurt with cinnamon  Ia, VII
THURS 11/04/24	Semolina porridge with sugar and cinnamon, cucumber and tomato salad  Ia, VII	Strozzapreti with pork bolognese, cucumber and tomato salad  Ia, IX	Pollock fish fingers with tomato sauce and mashed potatoes, cucumber and tomato salad  Ia, IV, III, VII	Carrot stew with potato pieces, plus bread  Ia, VII, IX	Colorful rice salad with corn, peas, a chicken meatball, chocolate pudding  Ia, III, VII	Baked potato pockets with mixed leaf salad and quark dip, chocolate pudding  Ia, VII
FRI 12/04/24	Soy and vegetable cubes in tomato sauce, with herb rice, fruit  Ia, VI, IX	Spirelli with turkey goulash, zucchini and tomatoes, fruit  Ia	Pizza slices alsatian style ⁽³⁾ with bacon and puree  Ia, VII	 Tavuk Kavurma chicken slices with tomatoes, peppers and mushrooms, with rice, cucumber salad  Ia	Colorful rice salad with corn, peas, a chicken meatball, fruit  Ia, III, VII	Baked potato pockets with mixed leaf salad and quark dip, plus fruit  Ia, VII
MON 15/04/24	Mexican-style vegetable stew (tomatoes, peppers, kidney beans) with whole grain rice, fruit  Ia, IX	Currywurst goulash ^(1,3,5) with butterfly noodles, fruit  Ia, VII, IX, X	Vanilla pudding soup with milk buns, fruit  Ia, VII	Fish cubes in mustard dill sauce, with peas and potatoes, tangerine  Ia, IV, VII	Spaghetti salad with red pesto, feta cheese and rocket, fruit  Ia, VII, VIII	Gardener style salad platter: mixed lettuce, cucumber, tomatoes and corn with herb dressing, fruit  VII
TUE 16/04/24	Herb scrambled eggs with boiled potatoes and cucumber salad, pastries  Ia, VII	Penne with tomato feta sauce, cucumber salad  Ia, VII	Pea soup with slices of viennese sausage ^(1,3,5) with bread, cucumber salad  Ia, Ib, VII, IX	Pork goulash with gravy, carrot and kohlrabi vegetables and potatoes  Ia, III, VII	Spaghetti salad with red pesto, feta cheese and rocket, pastries  Ia, VII, VIII	Gardener style salad platter: mixed lettuce, cucumber, tomatoes and corn with herb dressing, pastries  VII
WED 17/04/24	Colorful egg fricassee (peas, cauliflower, carrots) with parsley potatoes, mango curd  Ia, III, VII	Spirelli with Jägerschnitzel ^(1,3,5) and tomato sauce, mango curd  Ia, III, VII	Chicken slices with mushrooms in dark cream sauce, with risi-bisi (rice with peas), mango curd  Ia, VII	Long grain rice with diced vegetables, with tomato cream sauce, plus pieces of fruit  Ia, VII	Spaghetti salad with red pesto, feta cheese and rocket, froop mango  Ia, VII, VIII	Gardener style salad platter: mixed lettuce, cucumber, tomatoes and corn with herb dressing, froop mango  VII
THURS 18/04/24	Beef goulash with peppers, served with parsley potatoes, white cabbage and mandarin raw food  Ia	Noodles with sausage goulash ^(1,3,5) , white cabbage and mandarin raw food  Ia, IX, X	Pancakes with vanilla sauce, white cabbage and mandarin raw food  Ia, III, VII	Chicken ragout with colorful vegetables and potatoes, fruit  Ia, VII, IX	Spaghetti salad with red pesto, feta cheese and rocket, berry yogurt  Ia, VII, VIII	Gardener style salad platter: mixed lettuce, cucumber, tomatoes and corn with herb dressing, berry yogurt  VII
FRI 19/04/24	Salmon in curry mustard sauce with colored rice (rice with corn and carrots), fruit  Ia, IV, VII, X	Noodle stew with carrots, peas, celery and leek, with whole grain rye bread, fruit  Ia, Ib, Ic	 Domates Çorbası with Şehriye, creamy tomato soup from Anatolia, with rice noodles and parsley, fruit  Ia, VII	Turkey goulash with peppers, served with rice banana  Ia	Spaghetti salad with red pesto, feta cheese and rocket, fruit  Ia, VII, VIII	Gardener style salad platter: mixed lettuce, cucumber, tomatoes and corn with herb dressing, fruit  VII
MON 22/04/24	Mild chili sin carne, with red lentils, corn and kidney beans, with brown rice, fruit  Ia	Colorful pasta with four cheese sauce ⁽²⁾ , fruit  Ia, VI, VII	"Schnippelwurst goulash" Slices of Vienna sausages ^(1,3,5) with peppers in tomato sauce, with mashed potatoes, fruit  Ia, VII	Rice pudding with hot cherries, banana  VII	Couscous salad with corn, feta and chicken strips ⁽¹⁴⁾ , fruit  Ia, VII	Mixed salad plate with tomato, cheese strips and egg, with yogurt dressing, fruit  Ia, III, VII
TUE 23/04/24	Crispy cheese patty with colorful carrot cream, vegetables and rice, white cabbage and carrot raw food  Ia, VII	Fork spaghetti with pork Bolognese, white cabbage and carrot raw food  Ia, IX	Vegetarian fish sticks with tomato sauce and mashed potatoes, white cabbage and carrot raw food  Ia, IV, VII	Carrot cream soup with potato and carrot pieces, plus bread  Ia, Ib, VII, IX	Couscous salad with corn, feta and chicken strips ⁽¹⁴⁾ , pastries  Ia, VII	Mixed salad plate with tomato, cheese strips and egg, with yogurt dressing, pastries  Ia, III, VII
WED 24/04/24	Pollock cubes in mustard-dill sauce, with peas and potatoes, blueberry curd  Ia, IV, VII	Spirelli with ham cubes ^(1,3,5) in cream sauce, blueberry curd  Ia, VII	Quark frittes with applesauce ⁽³⁾ , blueberry curd  Ia, III, VII	Egg ragout in mustard sauce with herb potatoes, fruit  Ia, VII	Couscous salad with corn, feta and chicken strips ⁽¹⁴⁾ , blueberry curd  Ia, VII	Mixed salad plate with tomato, cheese strips and egg, with yogurt dressing, blueberry curd  Ia, III, VII
THURS 25/04/24	Potato and carrot stew with wholemeal bread, plus cucumber salad  Ia, Ib, VII, IX	Spaghetti with lemon basil sauce, cucumber salad  Ia, VII	Meatballs in caper sauce with potatoes, cucumber salad  Ia, III, VII	Beef goulash with peppers and potatoes  Ia, X	Couscous salad with corn, feta and chicken strips ⁽¹⁴⁾ , chocolate pudding  Ia, VII	Mixed salad plate with tomato, cheese strips and egg, with yogurt dressing, chocolate pudding  Ia, III, VII
FRI 26/04/24	 Türlü Colorful vegetable pan with potatoes, beans, tomatoes, eggplant and peppers, with bread, fruit  Ia, Ib, IX	Colorful spirelli with tomato sauce and grated cheese, fruit  Ia, VII*	Pizza Napoli, fruit  Ia, VII	Wholemeal pasta with mushroom sauce and bacon ^(1,3,5) and herbs, cucumber salad  Ia, VII	Couscous salad with corn, feta and chicken strips ⁽¹⁴⁾ , fruit  Ia, VII	Mixed salad plate with tomato, cheese strips and egg, with yogurt dressing, fruit  Ia, III, VII
MON 29/04/24	Pearl barley stew with potato cubes, carrots, celery and leek, whole grain rye bread, fruit  Ia, Ib, Ic	Noodles with tomato parmesan sauce, fruit  Ia, VII	Potato soup with carrots, leek, celery and hunting sausage cubes ^(1,3,5) , fruit  VII, IX, X	Pork goulash, plus green beans and potatoes  Ia, VII, X	Pasta salad with corn, peppers, french dressing and a chicken boulette, fruit  Ia, III, VII	Salad plate garden mix: leaf lettuce, cucumber, tomato and corn, turkey breast strips ⁽¹⁴⁾ , yogurt dill dressing, fruit  Ia, III, VII, IX, X
TUE 30/04/24	Colorful vegetable pot with savory cabbage, celery, beans, carrots, peas and potato cubes, with whole grain rye bread, tomato cucumber salad  Ia, Ib, VII	Fork spaghetti with cheese ⁽²⁾ herb sauce, tomato cucumber salad  Ia, VII	Chicken nuggets with tomato sauce and mashed potatoes  Ia, III, VII	Semolina porridge with sugar and cinnamon, fruit  VII	Pasta salad with corn, peppers, french dressing and a chicken boulette, pastries  Ia, III, VII	Salad plate garden mix: leaf lettuce, cucumber, tomato and corn, turkey breast strips ⁽¹⁴⁾ , yogurt dill dressing, pastries  Ia, III, VII, IX, X