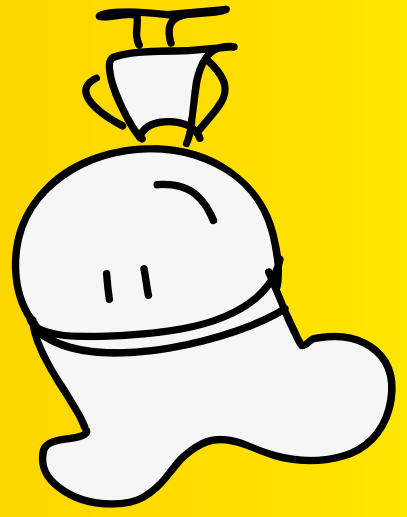
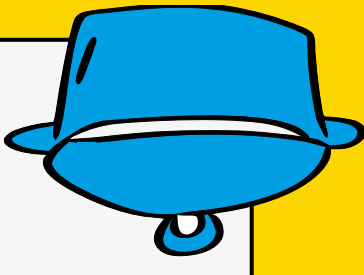
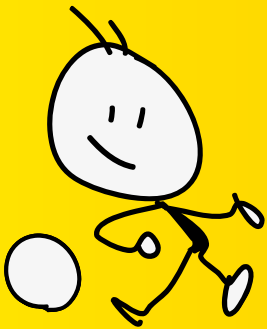


# JUNE 2024 MENU

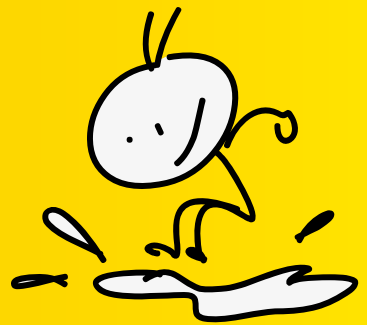


Our recommendations:  
Greek dishes –  
look out for the  
little chef on the menu!

## SERVICE HOTLINE 0341. 44 82 110



**GFB Catering GmbH**  
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09125 Chemnitz  
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info@gfb-catering.com  
www.gfb-catering.com



### Our special meal offer

Due to our many years of experience and consistent ongoing training, we prepare special meals for our customers according to their personal needs and requirements. These special meals are available for all types of allergies, intolerances, metabolic conditions and for customers from different cultural backgrounds, who don't eat pork or beef, for example. In order to safely create wholesome anti-allergy meals, we require a medical certificate.

We supply our special meals with individual delivery notes in food compartment trays with name labels. Our special meals department creates a menu plan that is specifically tailored to the customer; they can choose from either a monthly or a weekly menu plan as required.

Using our special food, our dietician assistants prepare fresh and wholesome meals daily.

### Allergen information

We would like to point out that during the complex flow of goods in food production (harvesting, transport, storage, production, packaging...) the possibility of cross-contamination and product transfer cannot generally be ruled out. It is therefore not possible for us to guarantee the complete absence of possible allergens in the regular food supply. If you are dependent on allergen-free food, we would be happy to refer you to our special food offer.

The product may contain the following allergens:

- I grains containing gluten or hybrids created using them and products thereof
- Ia wheat
- Ib rye
- Ic barley
- Id oats
- Ie spelt
- If kamut
- II crustaceans and products thereof
- III eggs and products thereof
- IV fish and products thereof

- V peanuts and products thereof
- VI soya beans and products thereof
- VII milk and products thereof (includes lactose)
- VIII nuts and products thereof
- VIIIa almonds
- VIIIb hazelnuts
- VIIIc walnuts
- VIIId cashew nuts
- VIIIe pecans
- VIIIf Brazil nuts
- VIIIh macadamia or Queensland nuts
- VIIIj pine nuts
- VIIIz pistachios
- IX celery and products thereof
- X mustard and products thereof
- XI sesame seeds and products thereof
- XII sulphur dioxide and sulphites in a concentration of more than 10 mg/kg or 10 mg/l
- XIII lupin and products thereof
- XIV molluscs and products thereof

### Information on the use of additives

We do not use any additives that require labeling. Foods that already contain additives from the manufacturer (supplier), such as: B. Nitrite curing salt in ham products or Kassler, are clearly shown directly on the corresponding product in accordance with the additive's regulation.

### Information on the use of additives

- |                                  |                               |
|----------------------------------|-------------------------------|
| 1) contains preservatives        | 8) contains nitrates          |
| 2) contains colouring agents     | 9) contains sweeteners        |
| 3) contains antioxidants         | 10) blackened                 |
| 4) contains nitrate curing salts | 11) waxed                     |
| 5) contains phosphates           | 12) contains alcohol          |
| 6) contains flavour enhancers    | 13) contains phenylalanine    |
| 7) contains sulphates            | 14) contains liquid seasoning |

\*\* caught in the wild  
No genetically modified foodstuffs are used.

### This is how we label our dishes:

- vegetarian dish
- contains poultry
- contains pig
- contains fish practically boneless
- contains beef
- contains venison
- contains lamb



# YOU

**WE: MAKE COOKING FUN – YOU CAN TASTE IT!**



Kundennummer

## ORDER FORM FOR JUNE 2024

Name

Einrichtung

Klasse

calendar week

23					24					25					26				
M	Tue	W	Th	F	M	Tue	W	Th	F	M	Tue	W	Th	F	M	Tue	W	Th	F
03	04	05	06	07	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28
DGE-Menü																			
pasta menu																			
kids menu																			
organic menu																			
cold menu																			
salad platter																			

20.06. – 02.08.24 Holidays in Saxony  
24.06. – 03.08.24 Holidays in Saxony-Anhalt

Order possible at:

**ONLINE: [www.gfb-catering.com](http://www.gfb-catering.com), APP: GfB-Catering, HAND IN THIS NOTE: at the food counter**

Information for schools with salad bars: The raw food salads, fruit and drinks on the menu for the DGE meals, pasta meals and kids meals do not apply. Instead, these schools provide fresh food from their salad bars every day (exception: organic meal).

	DGE*MENU <small>*Deutsche Ges. für Ernährung e.V. (German Nutrition Society)</small>	PASTA MENU	KIDS MENU	ORGANIC MENU FROM 100% ORGANIC INGREDIENTS	COLD MENU	SALAD PLATTER
MON 03/06/24	<b>Fasolatha</b> white bean soup with diced potatoes, tomatoes, carrots, celery and garlic, with whole grain bread, children's day surprise Ia, Ib	<b>Pasta Bolognese</b> with lenses, children's day surprise Ia, IX	<b>Chicken goulash</b> with kohlrabi and mashed potatoes, children's day surprise Ia, VII	<b>Pollack ragout,</b> plus carrots and potatoes, children's day surprise Ia, IV, VII	<b>Potato salad</b> with bell pepper, cucumber and mustard dressing, a turkey schnitzel, children's day surprise Ia, III, VII, IX	<b>Chef's salad:</b> mixed raw vegetable salad with ham <sup>(1,3,5)</sup> and egg, cocktail sauce, children's day surprise III, VII
TUE 04/06/24	<b>Scrambled eggs</b> with chives, served with boiled potatoes, cucumber salad Ia, VII	<b>Farfalle</b> with colorful vegetables and salmon cubes in herb sauce, cucumber salad Ia, IV, VII, IX	<b>Vegetable patty</b> with peppers in tomato sauce and rice, cucumber salad Ia, III, VII	<b>Semolina porridge</b> with sugar and cinnamon, apple Ia, VII	<b>Potato salad</b> with bell pepper, cucumber and mustard dressing, a turkey schnitzel, pastries Ia, III, VII, IX	<b>Chef's salad:</b> mixed raw vegetable salad with ham <sup>(1,3,5)</sup> and egg, cocktail sauce, pastries Ia, III, VII
WED 05/06/24	<b>Gnocchi</b> with spinach cream sauce with cheese, tomato salad Ia, III, VII	<b>Spirelli</b> with Jägerschnitzel <sup>(1,3,5)</sup> and tomato sauce, tomato salad Ia, III, VII	<b>Potato soup</b> with root vegetables (celery, carrot, leek), with bread, tomato salad Ia, Ib, VII, IX	<b>Sweet potato curry</b> with coconut milk and rice, fruit yoghurt Ia, VII, X	<b>Potato salad</b> with bell pepper, cucumber and mustard dressing, a turkey schnitzel, vanilla curd dish Ia, III, VII, IX	<b>Chef's salad:</b> mixed raw vegetable salad with ham <sup>(1,3,5)</sup> and egg, cocktail sauce, vanilla curd dish III, VII
THURS 06/06/24	<b>Cooking dumplings</b> in herb sauce, with colorful carrots and potatoes, berry curd Ia, III, VII	<b>Penne</b> with spinach and ricotta sauce, berry curd Ia, VII	<b>Pan-fried rice</b> with vegetables and mushrooms, with herb sauce, berry curd Ia, VII	<b>Vegetarian rice stew</b> with colorful vegetables, served with bread, cucumber salad Ia, Ib, IX	<b>Potato salad</b> with bell pepper, cucumber and mustard dressing, a turkey schnitzel, berry curd Ia, III, VII, IX	<b>Chef's salad:</b> mixed raw vegetable salad with ham <sup>(1,3,5)</sup> and egg, cocktail sauce, berry curd III, VII
FRI 07/06/24	<b>Marinated herring</b> <sup>(3,9)</sup> in yogurt sauce, with boiled potatoes, fruit Ia, III, IV, VII	<b>Fork Spaghetti Bolognese</b> with poultry, fruit Ia, IX	<b>Pancakes</b> with vanilla sauce, fruit Ia, III, VII	<b>Chili sin carne</b> with kidney beans and corn, plus rice Ia, VI	<b>Potato salad</b> with bell pepper, cucumber and mustard dressing, a turkey schnitzel, fruit Ia, III, VII, IX	<b>Chef's salad:</b> mixed raw vegetable salad with ham <sup>(1,3,5)</sup> and egg, cocktail sauce, fruit III, VII
MON 10/06/24	<b>Vegetable cream soup</b> with carrots, celery, leek and potato cubes, with wholemeal bread, fruit Ia, VII, IX	<b>Noodles</b> with green pesto sauce (basil, rocket, parmesan), fruit Ia, VII, VIII	<b>Spetzofai</b> greek bratwurst goulash with colorful peppers and tomatoes, with rice, fruit I, 3, 5, Ia, VII, IX, X	<b>Carrot stew</b> with potato pieces, plus bread Ia, VII, IX	<b>Colorful rice salad</b> with corn, peas, a chicken meatball, fruit Ia, III, VII	<b>Baked potato pockets</b> with mixed leaf salad and quark dip, plus fruit Ia, VII
TUE 11/06/24	<b>Asian pan dish</b> (peppers, soy, green beans and carrot strips) with sweet and sour sauce with rice, white cabbage and carrot slaw Ia, VI, VII, IX	<b>Noodlestew</b> with soup vegetables, smoked meat <sup>(1,3,4)</sup> and bread, white cabbage and carrot slaw Ia, Ib, VII, IX	<b>Rice pudding</b> with sugar and cinnamon, white cabbage and carrot slaw VII	<b>Beef goulash</b> with beans and potatoes, tangerine Ia	<b>Colorful rice salad</b> with corn, peas, a chicken meatball, pastries Ia, III, VII	<b>Baked potato pockets</b> with mixed leaf salad and quark dip, plus pastries Ia, VII
WED 12/06/24	<b>Pollock cubes</b> in mustard dill sauce, with whole grain vegetable rice with peas and carrots, cucumber and tomato salad Ia, IV, VII	<b>Tortellini</b> with beef filling, with tomato herb sauce, cucumber and tomato salad Ia, VII	<b>Crispy cheese round</b> with herb lemon sauce, herb potatoes and colorful carrots Ia, VII	<b>Tomato soup</b> with rice, with bread, fruit Ia, Ib	<b>Colorful rice salad</b> with corn, peas, a chicken meatball, chocolate pudding Ia, III, VII	<b>Baked potato pockets</b> with mixed leaf salad and quark dip, cherry yogurt Ia, VII
THURS 13/06/24	<b>Semolina porridge</b> with sugar and cinnamon, cherry yogurt Ia, VII	<b>Strozzapreti</b> and sausage goulash <sup>(1,3,5)</sup> , cherry yogurt Ia, IX	<b>Pearl barley stew</b> with vegetables (celery, carrot, leek), with whole grain bread, cherry yogurt Ia, Ib, Ic, IX	<b>Chicken fricassee</b> with carrots and peas, with rice, tomato salad Ia, VII	<b>Colorful rice salad</b> with corn, peas, a chicken meatball, cherry yogurt Ia, III, VII	<b>Baked potato pockets</b> with mixed leaf salad and quark dip, cherry yogurt Ia, VII
FRI 14/06/24	<b>Soy and vegetable cubes</b> in tomato sauce, with herb rice, fruit Ia, VI, X	<b>Spirelli</b> with turkey goulash, zucchini and tomatoes, fruit Ia	<b>Alsation-style pizza slice</b> <sup>(3)</sup> with bacon and leek, fruit Ia, VII	<b>Colorful vegetable curry</b> with turmeric, pineapple and coconut milk, served with rice Ia, VII	<b>Colorful rice salad</b> with corn, peas, a chicken meatball, fruit Ia, III, VII	<b>Baked potato pockets</b> with mixed leaf salad and quark dip, plus fruit Ia, VII
MON 17/06/24	<b>Mexican-style vegetable stew</b> (tomatoes, peppers, kidney beans) with whole grain rice, fruit Ia, IX	<b>Currywurst goulash</b> <sup>(1,3,5)</sup> with butterfly noodles, fruit Ia, VII, IX, X	<b>Vanilla pudding soup</b> with milk buns, fruit Ia, VII	<b>Fish cubes</b> in mustard dill sauce, with peas and potatoes, tangerine Ia, IV, VII	<b>Spaghetti salad</b> with red pesto, feta cheese and rocket, fruit Ia, VII, VIII	<b>Gardener style salad platter</b> Mixed lettuce, cucumber, tomatoes and corn with herb dressing, fruit VII
TUE 18/06/24	<b>Scrambled eggs</b> with herbs, boiled potatoes and spinach, cucumber salad Ia, VII	<b>Colorful noodles</b> with herb cheese sauce, cucumber salad Ia, VII	<b>Pea soup</b> with slices of Vienna sausage <sup>(1,3,5)</sup> , with bread, cucumber salad Ia, Ib, VII, IX	<b>Pork goulash</b> with gravy, carrot and kohlrabi vegetables, served with potatoes Ia, III, VII	<b>Spaghetti salad</b> with red pesto, feta cheese and rocket, pastries Ia, VII, VIII	<b>Gardener style salad platter</b> Mixed lettuce, cucumber, tomatoes and corn with herb dressing, pastries VII
WED 19/06/24	<b>Colorful egg fricassee</b> (peas, cauliflower, carrots) with parsley potatoes, white cabbage and carrot slaw Ia, III, VII	<b>Tortellini filled</b> with spinach and ricotta, plus tomato sauce, white cabbage and carrot slaw Ia, III, VII	<b>Chicken slices</b> with mushrooms in dark cream sauce, with risi-bisi (rice with peas), white cabbage and carrot raw food Ia, VII	<b>Long grain rice</b> with diced vegetables, with tomato cream sauce, plus pieces of fruit Ia, VII	<b>Spaghetti salad</b> with red pesto, feta cheese and rocket, froop mango Ia, VII, VIII	<b>Gardener style salad platter</b> Mixed lettuce, cucumber, tomatoes and corn with herb dressing, froop mango VII
THURS 20/06/24 Holidays SN	<b>Stifato</b> Braised beef goulash with onions and carrot slices, served with potatoes, mango curd Ia, VII, IX	<b>Noodles</b> with sausage goulash <sup>(1,3,5)</sup> , mango curd Ia, IX, X	<b>Marbled yeast dumplings</b> with vanilla sauce, mango curd Ia, VI, VII, VIII			
FRI 21/06/24 Holidays SN	<b>Salmon</b> in curry mustard sauce with colored rice (rice with corn and carrots), fruit Ia, IV, VII, X	<b>Noodlestew</b> with carrots, peas, celery and leek, with whole grain rye bread, fruit Ia, Ib, Ic	<b>Creamy tomato soup</b> with rice noodles and parsley, fruit Ia, VII			
MON 24/06/24 Holidays SA and SN	<b>Mild chili sin carne,</b> with red lentils, corn and kidney beans, with brown rice, fruit Ia	<b>Colorful pasta</b> with four cheese sauce <sup>(2)</sup> , fruit Ia, VI, VII	<b>“Schnippelwurstgulasch”</b> slices of vienna sausages <sup>(1,3,5)</sup> with peppers in tomato sauce, with mashed potatoes, fruit Ia, VII			
TUE 25/06/24 Holidays SA and SN	<b>Vegetable curry</b> Carrots, leeks, bamboo shoots, mushrooms with rice, white cabbage and carrot slaw Ia, VI, VII, IX	<b>Fork spaghetti</b> with pork bolognese, white cabbage and carrot slaw Ia, IX	<b>Vegetarian „fish sticks“</b> with tomato sauce and mashed potatoes, white cabbage and carrot slaw Ia, IV, VII			
WED 26/06/24 Holidays SA and SN	<b>Pollock cubes</b> in honey dill sauce, with peas and potatoes, raw carrot slaw Ia, IV, VII	<b>Noodles</b> with ham cubes <sup>(1,3,5)</sup> in cream sauce, raw carrot slaw Ia, VII	<b>Quark fritters</b> with applesauce <sup>(3)</sup> , raw carrot slaw Ia, III, VII			
THURS 27/06/24 Holidays SA and SN	<b>Vegetable stew</b> with potatoes and carrots stew, served with wholemeal bread, blueberry curd Ia, Ib, VII, IX	<b>Spaghetti</b> with lemon basil sauce, blueberry curd Ia, VII	<b>Bifteki</b> minced beef meatball with bell pepper vegetables in tomato sauce, with rice, blueberry curd Ia, III, VII			
FRI 28/06/24 Holidays SA and SN	<b>Colorful pan-fried vegetables</b> with potatoes, beans, tomatoes, eggplant and peppers, with bread, fruit Ia, Ib, IX	<b>Colorful spirelli</b> with tomato sauce and grated cheese, fruit Ia, VII	<b>Pizza Margherita</b> fruit Ia, VII			

