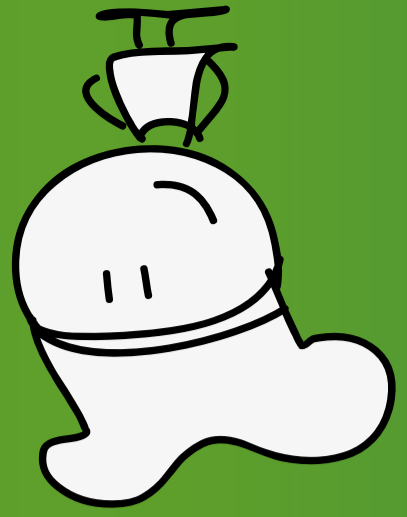
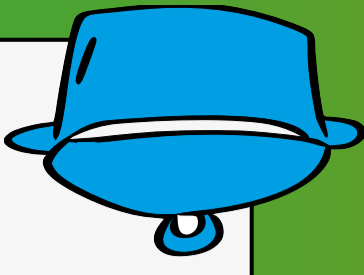


JULY 2024 MENU

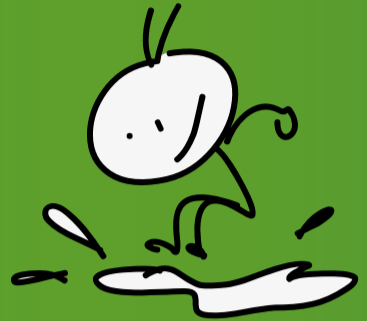


Our recommendations:
Asian dishes –
look out for the
little chef on the menu!

SERVICE HOTLINE 0341. 44 82 110



GfB Catering GmbH
Südring 501
09125 Chemnitz
Tel.: 0341. 44 82 110
Fax: 0341. 44 82 114
info@gfb-catering.com
www.gfb-catering.com



Our special meal offer

Due to our many years of experience and consistent ongoing training, we prepare special meals for our customers according to their personal needs and requirements. These special meals are available for all types of allergies, intolerances, metabolic conditions and for customers from different cultural backgrounds, who don't eat pork or beef, for example. In order to safely create wholesome anti-allergy meals, we require a medical certificate.

We supply our special meals with individual delivery notes in food compartment trays with name labels. Our special meals department creates a menu plan that is specifically tailored to the customer; they can choose from either a monthly or a weekly menu plan as required.

Using our special food, our dietician assistants prepare fresh and wholesome meals daily.

Allergen information

We would like to point out that during the complex flow of goods in food production (harvesting, transport, storage, production, packaging...) the possibility of cross-contamination and product transfer cannot generally be ruled out. It is therefore not possible for us to guarantee the complete absence of possible allergens in the regular food supply. If you are dependent on allergen-free food, we would be happy to refer you to our special food offer.

The product may contain the following allergens:

- I grains containing gluten or hybrids created using them and products thereof
- Ia wheat
- Ib rye
- Ic barley
- Id oats
- Ie spelt
- If kamut
- II crustaceans and products thereof
- III eggs and products thereof
- IV fish and products thereof

- V peanuts and products thereof
- VI soya beans and products thereof
- VII milk and products thereof (includes lactose)
- VIII nuts and products thereof
- VIIIa almonds
- VIIIb hazelnuts
- VIIIc walnuts
- VIIId cashew nuts
- VIIIe pecans
- VIIIf Brazil nuts
- VIIIh macadamia or Queensland nuts
- VIIIj pine nuts
- VIIIz pistachios
- IX celery and products thereof
- X mustard and products thereof
- XI sesame seeds and products thereof
- XII sulphur dioxide and sulphites in a concentration of more than 10 mg/kg or 10 mg/l
- XIII lupin and products thereof
- XIV molluscs and products thereof

Information on the use of additives







We do not use any additives that require labeling. Foods that already contain additives from the manufacturer (supplier), such as: B. Nitrite curing salt in ham products or Kassler, are clearly shown directly on the corresponding product in accordance with the additive's regulation.

Information on the use of additives

- 1) contains preservatives
- 2) contains colouring agents
- 3) contains antioxidants
- 4) contains nitrate curing salts
- 5) contains phosphates
- 6) contains flavour enhancers
- 7) contains sulphates
- 8) contains nitrates
- 9) contains sweeteners
- 10) blackened
- 11) waxed
- 12) contains alcohol
- 13) contains phenylalanine
- 14) contains liquid seasoning

** caught in the wild
No genetically modified foodstuffs are used.

This is how we label our dishes:

-  vegetarian dish
-  contains poultry
-  contains pig
-  contains fish practically boneless
-  contains beef
-  contains venison
-  contains lamb

GOOD



FOOD!

Kundennummer

--	--	--	--	--	--	--	--	--	--

ORDER FORM FOR JULY 2024

Name

--	--	--	--	--	--	--	--	--	--

Einrichtung

--	--	--	--	--	--	--	--	--	--

Klasse

--

calendar week


































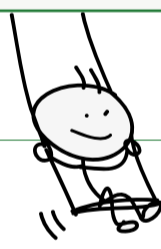

































	27					28					29					30					31		
	M	Tue	W	Th	F	M	Tue	W	Th	F	M	Tue	W	Th	F	M	Tue	W	Th	F	M	Tue	W
	01	02	03	04	05	08	09	10	11	12	15	16	17	18	19	22	23	24	25	26	29	30	31
DGE-Menu																							
pasta menu																							
kids menu																							
organic menu																							
cold menu																							
salad platter																							

20.06. – 02.08.24 Holidays in Saxony
24.06. – 03.08.24 Holidays in Saxony-Anhalt

Order possible at:

ONLINE: www.gfb-catering.com, APP: GfB-Catering, HAND IN THIS NOTE: at the food counter

Information for schools with salad bars: The raw food salads, fruit and drinks on the menu for the DGE meals, pasta meals and kids meals do not apply. Instead, these schools provide fresh food from their salad bars every day (exception: organic meal).

	DGE*-MENU <small>*Deutsche Ges. für Ernährung e.V. German Nutrition Society</small>	PASTA MENU	KIDS MENU	ORGANIC MENU FROM 100% ORGANIC INGREDIENTS	COLD MENU	SALAD PLATTER
MON 01/07/24 <small>Holidays SA and SN</small>	Pearl barley stew with diced potatoes, carrots, celery and leek, whole grain rye bread, fruit  Ia, Ib, Ic	Noodles with tomato parmesan sauce, fruit  Ia, VII	Semolina porridge with sugar and cinnamon, fruit  Ia, VII			
TUE 02/07/24 <small>Holidays SA and SN</small>	Colorful vegetable pot with savoy cabbage, celery, beans, carrots, peas and diced potatoes, served with wholemeal rye bread, tomato cucumber salad  Ia, Ib, VII	Fork spaghetti with cheese ⁽²⁾ herb sauce, tomato cucumber salad  Ia, VII	Chicken nuggets with tomato sauce and mashed potatoes tomato cucumber salad  Ia, III, VII			
WED 03/07/24 <small>Holidays SA and SN</small>	Diced Salmon in honey dill sauce with colorful carrots and herb potatoes, white cabbage raw food with mandarine  Ia, IV, VII	Penne with tomato sauce and grated cheese, white cabbage raw food with mandarine  Ia, VII	Pork meatball with carrot and kohlrabi cream and herb potatoes, white cabbage raw food with mandarine  Ia, III, VII			
THURS 04/07/24 <small>Holidays SA and SN</small>	Vegetable patty with herb cream cheese sauce and potatoes, fruit yoghurt  Ia, III, VII	Asian chicken and pan-fried vegetables, sweet and sour sauce, served with Mie noodles, fruit yoghurt  Ia, III, VI, IX	Potato soup with carrots, leek, celery and diced hunter's sau- sage ^(1, 3, 5) , fruit yoghurt  VII, IX, X			
FRI 05/07/24 <small>Holidays SA and SN</small>	Chicken breast fillet strips ⁽¹⁴⁾ in poultry cream sauce, carrots and peas, with rice, fruit  Ia, VII, X	Penne with green pesto, fruit  Ia, VII, VIII	Fish fingers with mashed potatoes and dill sauce, fruit  Ia, IV, VII			
MON 08/07/24 <small>Holidays SA and SN</small>	Diced Pollock in mustard sauce with peas, with rice, fruit  Ia, IV, VII	Spirelli Bolognese with soy mince, fruit  Ia, VI, IX	Curry sausage stew ^(1, 3, 5) in curry sauce and mashed potatoes, fruit  Ia, VII, IX, X			
TUE 09/07/24 <small>Holidays SA and SN</small>	Lentil stew with diced potatoes and vegetables, plus whole grain bread, tomato salad  Ia, Ib, Ic, IX	Fork spaghetti with pork goulash, tomato salad  Ia, X	Sweet and sour potato chunk stew with diced carrots, pick- led cucumber and diced hunter's sausage ^(1, 3, 5) , tomato salad  Ia, VII			
WED 10/07/24 <small>Holidays SA and SN</small>	Pan-fried vegetables (carrots, cauliflower, peas) and soy in herb sauce, with potatoes, carrot raw food  Ia, VI, VII	Noodles with sausage goulash ^(1, 3, 5) , carrot raw food  Ia, VII IX, X	Eggs in mustard sauce, plus potatoes, carrot raw food  Ia, VII			
THURS 11/07/24 <small>Holidays SA and SN</small>	Carrot stew with diced potatoes, plus whole grain bread, cherry yogurt  Ia, Ib, Ic, Id, VII, IX	Tortellini with spinach and ricotta filling, with tomato and herb sauce, cherry yogurt  Ia, VII	Poultry meatball with creamed kohlrabi and herb potatoes, cherry yogurt  Ia, III, VII, X			
FRI 12/07/24 <small>Holidays SA and SN</small>	Fruity vegetable curry with peas, carrots, cauliflower and peanut sauce, with rice, tomato salad, chunks of fruit  Ia, V, VII, IX	Spirelli with tomato sauce and grated cheese, chunks of fruit  Ia, VII	German sausage ^(1, 3, 5) with cream sauerkraut and mashed potatoes, fruit  Ia, VII			
MON 15/07/24 <small>Holidays SA and SN</small>	Pork goulash with carrots, peas and salsify, with mashed potatoes, chunks of fruit  Ia, VII	Fork spaghetti with four cheese sauce ⁽²⁾ , chunks of fruit  Ia, VII	Chicken fricassee with carrots and peas, with rice, chunks of fruit  Ia, VII,			
TUE 16/07/24 <small>Holidays SA and SN</small>	Green bean stew with diced potatoes and carrots, with whole grain rye bread, carrot and white cabbage salad  Ia, VII, IX	Penne with ratatouille (stewed vegetables) and chicken strips ⁽¹⁴⁾ , carrot and white cabbage salad  Ia	Pizza napoli, carrot and white cabbage salad  Ia, VII			
WED 17/07/24 <small>Holidays SA and SN</small>	Colorful asian vegetables with coconut milk and rice, cucumber and radish salad  Ia, VI, VII, IX	Farfalle with chive and cheese sauce ⁽²⁾ , cucumber and radish salad  Ia, VII, IX	Natural chicken breast fillet ⁽¹⁴⁾ with creamed peas and carrots and mashed potatoes, cucumber and radish salad  Ia, VII, IX, X			
THURS 18/07/24 <small>Holidays SA and SN</small>	Egg ragout with carrots, peas and cauliflower, with parsley potatoes, fruit quark  Ia, VII	Spirelli with tomato sauce and grated cheese, fruit quark  Ia, VII	Pork schnitzel with peas and carrots, gravy and mashed potatoes,  Ia, III, VII			
FRI 19/07/24 <small>Holidays SA and SN</small>	Diced Pollock in spinach cream cheese sauce, with brown rice, chunks of fruit  Ia, IV, VII	Pasta with gorgonzola sauce, chunks of fruit  Ia, VII	Sliced pork in creamy sauce with colorful carrots and potatoes, chunks of fruit  Ia, VII			
MON 22/07/24 <small>Holidays SA and SN</small>	Pan-fried vegetables (carrots, beans, cauli- flower, soy) and chives, with cheese sauce and potatoes, fruit  2, Ia, VI, VII	Fork spaghetti with ham ^(1, 3, 5) cream sauce, fruit  Ia, VII, IX	Curry sausage stew ^(1, 3, 5) in curry sauce and mashed potatoes, fruit  5, Ia, VII, IX, X			
TUE 23/07/24 <small>Holidays SA and SN</small>	Poultry meatball with cream sauce, peas and herb potatoes, white cabbage salad  Ia, III, VII, X	Spirelli Bolognese with chicken, white cabbage salad  Ia, IX	Vegetarian potato soup, mixed bread and white cabbage salad  VII, IX, X			
WED 24/07/24 <small>Holidays SA and SN</small>	Rice pudding with sugar and cinnamon, cucumber and corn salad  VII	Noodles with colorful asian vegetables in fruity curry sauce, cucumber and corn salad  Ia, VII, VI, X	Scrambled eggs with creamed spinach and potatoes, cucumber and corn salad  Ia, VII			
THURS 25/07/24 <small>Holidays SA and SN</small>	Diced Salmon in mustard sauce with dill, peas and rice, mango yogurt  Ia, IV, VII	Noodles with breaded and fried hunter sausage schnitzel and tomato sauce, mango yogurt  Ia, III, VII, IX, X	Noodle soup with colorful vegetables, served with bread  Ia, Ib, IX			
FRI 26/07/24 <small>Holidays SA and SN</small>	Vegetable curry (carrot, cauliflower, peas) with brown rice and feta, chunks of fruit  Ia, VII, IX	Spirelli with cheese sauce ⁽²⁾ , chunks of fruit  Ia, VII	Yeast dumplings with vanilla sauce, fruit  Ia, III, VII			
MON 29/07/24 <small>Holidays SA and SN</small>	Vegetarian chickpea curry with carrots, cauliflower and peas, with rice, fruit  Ia, VII, X	Colorful chicken ragout with vegetables, herbs and noodles, fruit  Ia, VII	Vegetarian potato soup with diced vegetables, wholemeal rye bread, fruit  Ia, Ib, VII, IX, X			
TUE 30/07/24 <small>Holidays SA and SN</small>	Whole wheat pasta bolognese with lentils, carrots and tomatoes, tomato salad with feta  Ia, IX	Colorful noodles with four cheese sauce ⁽²⁾ , tomato salad with feta  Ia, VII	Creamy chicken slices (rice with peas), tomato salad with feta  Ia, VII			
WED 31/07/24 <small>Holidays SA and SN</small>	White cabbage stew with potato pieces, carrots and leeks, with wholemeal bread, carrot raw food Ia, Ib, Ic, Id, VII, IX	Spirelli with colorful vegetables in a creamy herb sauce, carrot raw food Ia, VII	Pancakes with applesauce ⁽³⁾ , carrot raw food Ia, VII			